



ST. AUGUSTINE CATHOLIC SCHOOL

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MEMO ATHLETIC PHYSICAL POLICY

ALL STUDENTS participating in a sport must update the following paper work annually: The parent/guardian consent form, medical history form, and physical evaluation form. **The parent / guardian, medical history, and physical evaluation are to be completed before any practice (both in-season and out-of-season) or games / matches.** The forms of “Parent/Guardian consent” (HM260.1a) “Medical History”(HM620.1b,c), and “Physical Evaluation” (HM620.1d) are to be used by all schools.

Athletic physicals are required on **all students participating in sports.** All students participating in sports currently are required to have sports physicals.

Where to get sports physicals:

- Student’s own physician or clinic
- Urgent care clinics do sports physicals for about \$40.00.

FORMS ARE ATTACHED.